

# A True Sense of Community

At Brown County Health & Living Community, residents enjoy the familiar feeling of small-town neighborliness in beautiful surroundings that reflect the quaint and scenic charm of Nashville, Indiana. The area's natural beauty is complemented by the hillside studios and unique shops of local artists and craftsmen. In this lovely setting, our experienced caregivers provide comfort, compassion and quality care for our residents. Our goal is to provide the same loving care we would give our own family members, maintaining each individual's dignity.

Brown County Health & Living Community is committed to recognizing individual needs and preferences. Each resident's care is individually planned by health care professionals, the resident and their family. We welcome family visits, and we appreciate their suggestions, for we all have a common goal - the care and contentment of each resident.



Located behind Salt Creek Plaza off of 46 East



55 E. Willow St. Nashville, IN 47448 (812)988-6666

www.BrownCountyHealth.us



Family-first senior living from CarDon Rehabilitation Long Term Care Memory Support

Brown County

— Health & Living Community—







## Rehabilitation and Long Term Care

The goal of our short-term rehabilitation program is to help each individual reach their optimal level of functioning and return home safely. When long term care is needed, our skilled nursing services provide a full spectrum of nursing and specialty services 24-hours a day – from assistance with daily activities to complex skilled nursing treatments.

#### Services and Amenities Include:

- Private and semi-private suites
- Physical, speech, occupational and respiratory therapies
- Post-surgical care
- Wound care
- Pain management
- Large therapy gym with home transition area
- Complimentary WiFi
- Individualized care assessment and personalized care plan
- Three delicious meals served daily, along with snacks
- Beauty salon and barber services
- Ongoing advice and counsel for resident and family
- Podiatry, dental, audiology and optometry services
- Respite Care
- Medicare, Medicaid, and most insurances accepted

### **Memory Support**

Those facing memory loss challenges are able to enjoy life more at Brown County. Individuality is celebrated with 24-hour support, encouraging a better quality of life each day.

#### Services and Amenities Include:

- 24-hour care provided by licensed staff members trained specifically in working with individuals with memory loss
- Individualized care assessment and personalized care plan
- Three family-style meals served daily, plus snacks
- Secured outdoor courtyard
- Daily scheduled activities
- Beauty salon and barber services
- Ongoing support services for resident and family
- Podiatry, dental, audiology and optometry services
- Medicare, Medicaid and most insurances accepted

### Family-first Senior Living

Family-first is our philosophy at Brown County Health & Living Community, an approach that goes back to 1977, when CarDon & Associates was first established. As a member of the CarDon family of senior living communities, which now extends throughout south-central Indiana, Brown County encourages family members to become involved with each resident's personal care plan.

We ensure a better quality of life each day for our residents, by treating them as we would our own loved ones. So regardless of needs, every individual is able to get the most out of each day.



The CarDon family: Kathy, Stephen, Dan and David